



The Ultimate Journey

PHASE 1 – UNPACKING SELF-DECEPTION 3 DAYS

\$600.00

You will experience a safe environment for sharing and exploring your personal history. You will have the opportunity to accept your reality, receive healing for hurts and wounds, and uncover the lies you believe that have held you back, tripped you up and even derailed you at times. By looking at the past events of your life, you will be able to identify your current thinking patterns and uncover how you acquired them. By doing so, you will break free to bond with the life God has given you.

The hours are 8:00am to 5:00pm. We operate in a small group with up to 2 other participants and 1 facilitator. The price includes: (3) daily sessions, (1) Text book, (1) curriculum work book, a variety of snacks and beverages throughout the day, (3) lunches, (1) Keeping it Personal Journal, (1) 45-minute follow-up phone session, and a special surprise gift.

NOTE: Payment is due when registering. Due to our limited class sizes, there is a \$200 cancellation fee. Remaining balance may be refunded or transferred to another session. Class sizes are limited.

LIVING OUT THE JOURNEY ONE-to-ONE

\$360/month

Upon completion of the 3-day course, most people begin to experience significant life changes. Many people long for additional guidance and accountability to help them transition their new mind set into daily living; this is why it is important for our relationship to continue.

When you participate in the *Living out the Journey* one-to-one follow-up sessions, we'll provide you with accountability and help you implement the tools you were taught during the course so you can sustain them in your everyday life.

Included in the 30-day follow-up are three 45 minute phone sessions, unlimited email correspondence, 5 minute in-between phone calls as needed, and a Keeping it Personal 30-day Journal.

Like any new seed planted, it takes proper nourishment and care to develop, to see growth, to sustain change. The same is true with this relationship. We *highly* recommend working together for 3 months.

SAVE on the *Living out the Journey* package IF you purchase *with* the Phase 1 course:

30-day Package Total = \$924 {save \$36}

60-day Package Total = \$1,212 {save \$108}

90-day Package Total = \$1,464 {save \$216}

START THE JOURNEY – REGISTRATION

Visit our website www.keepingitpersonal.com to see course dates or call our office 952-224-2110

Prices subject to change revised 3/15/11